



# A WORKSHOP FOR MILITARY VETERANS & FIRST RESPONDERS

Sponsored by Lutheran Military Support Group

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Long shifts, poor sleep, and a dangerous work environment are not the only experiences shared by Veterans and First Responders. Both are significantly more likely to experience trauma related to their job. These experiences can impact us, our families, and our faith. Join us as we focus on the impacts of trauma and how God has prepared us for peace.

**July 20, 2024 | 10am - 3pm**

**Parkland Lutheran Church  
120 123rd St South | Tacoma | WA 98444**

*All who are interested are welcome to attend.*

**Register at [www.LutheranMilitary.org](http://www.LutheranMilitary.org).**

