

**Attention First Responders and Military Veterans!** Long shifts, poor sleep, and a dangerous work environment are not the only experiences shared by Veterans and First Responders. Both are significantly more likely to experience trauma related to their job. These experiences can impact us, our families, and our faith. Join us as we focus on the impacts of trauma and how God has prepared us for peace. Bring a friend and join us for a morning workshop and lunch on Saturday, July 20, at Parkland Lutheran Church in Tacoma. This event is sponsored by Lutheran Military Support Group. For more details and registration information, please visit [LutheranMilitary.org](http://LutheranMilitary.org).