



**LMSG Spiritual Retreat for Military Couples
Journey from War to Peace
Camp Shiloh, TX | October 26-29, 2023
Retreat Schedule
*Subject to change***

Thursday, October 26

3:00pm*
Vans depart from DFW and DAL for Camp Shiloh

5:00pm - 6:00pm
Arrival and Check-in

6:00pm - 7:00pm
Dinner

7:00pm - 8:00pm
Welcome and Orientation

8:00pm - 8:30pm
Evening Devotion
Roger Emmons

Friday, October 27

8:00am - 8:45am
Breakfast

8:50am - 9:10am
Morning Devotion
Roger Emmons

9:10am - 10:10am
Session 1
Quick to Listen, Slow to Speak
David Kasischke

10:10am - 10:25am
Break

10:25am - 11:25am
Session 2
Trained for War & Peace
Justin Shrum

11:30am - 12:30pm
Session 3
Mind & Body Basics
Megan McMahon

12:30pm - 1:15pm
Lunch

1:20pm - 2:20pm
Group Activity

2:30pm - 3:30pm
Session 4
Study of Habakkuk
David Kasischke

3:30pm - 3:45pm
Break

3:45pm - 5:15pm
Session 5
Intimate Partner Violence
Lori Aschbrenner

5:15pm - 6:00pm
Break

6:00pm - 7:00pm
Dinner

7:00pm - ?
Evening Devotion/Campfire
Roger Emmons

Saturday, October 28

8:00am - 8:45am
Breakfast

8:50am - 9:10am
Morning Devotion
Roger Emmons

9:10am - 10:40am
Session 6
Veteran Support
Steve and Sarah Schroeder

10:40am - 10:55am
Break

10:55am - 12:00pm
Sessions 7&8
Mental Health Reframing
Megan McMahon
Finding Our Purpose
Brad Price

12:00pm - 12:45pm
Lunch

12:50pm - 1:55pm
Group Activity

1:55pm - 2:15pm
Afternoon Devotion
Roger Emmons

2:25pm - 3:30pm
Sessions 7&8
Mental Health Reframing
Megan McMahon
Finding Our Purpose
Brad Price

3:30pm - 3:45pm
Break

3:45pm - 5:00pm
Session 9
We Have the Help We Need!
Justin Shrum

5:00pm - 6:00pm
Break

6:00pm - 7:00pm
Dinner

7:00pm - 8:00pm
Confessional Worship Service
Roger Emmons

8:00pm - ?
Campfire

Sunday, October 29

8:00am - 8:45am
Breakfast

9:00am - 10:00am
Worship with Communion
Roger Emmons

10:00am - 10:25am
Pack/Checkout

10:30am**
Vans depart for Airports

NOTE

***Attendee flights in will need to arrive no later than 2pm on Thursday**

****Attendee flights out will need to be after 2pm on Sunday**

Questions? Contact Brad at bprice@LutheranMilitary.org